

Race Date  
May 02, 2015

# XTERRA MALAYSIA TRIATHLONS

## Age Group Results

### Sprint Triathlon

#### Female 34 & Below

Place		Name	Bib No	Age	SWIM		T1	BIKE		T2	RUN		Total
Overall					Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	3	Yuri Arikawa	335	31	1	18:20.6	9:39.0	1	1:21:43.3	3:06.5	1	1:00:17.0	2:53:06.4
2	4	Yow YenLee	333	33	2	22:21.9	10:57.2	2	1:37:41.3	5:50.9	4	1:33:21.7	3:50:13.0
3	6	Nurul Yasmin Af Mohd Daud	340	18	5	35:10.7	11:24.0	3	1:42:10.7	4:19.7	5	1:39:52.3	4:12:57.4
4	7	Mei Peng Foong	321	31	4	31:43.5	15:28.7	4	2:59:43.2	5:51.0	3	1:31:24.9	5:24:11.3
5	8	Yune-une Chia	334	30	3	23:31.4	23:21.7	5	3:00:59.8	5:00.0	2	1:31:20.3	5:24:13.2

#### Female 35 and Over

Place		Name	Bib No	Age	SWIM		T1	BIKE		T2	RUN		Total
Overall					Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	1	Teoh Sue Ling	329	36	1	11:44.6	8:35.0	2	1:20:11.8	1:57.2	1	1:01:55.8	2:44:24.4
2	2	Tisha-Lin Sinnathamboo	331	38	2	17:49.5	11:51.7	1	1:13:37.9	3:55.0	2	1:05:15.3	2:52:29.4
3	5	Abrizah Binti Hashim	302	39	3	23:18.1	12:16.5	3	1:44:37.3	3:25.0	3	1:49:07.0	4:12:43.9

\*Overall place among females only

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## Age Group Results

### Sprint Triathlon

#### Male 15 to 24

Place			Bib No		Age		SWIM		T1	BIKE		T2	RUN		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time	Time	
1	19	Ahmad Faris Far Mohd	303	23	1	22:18.1	8:41.5	1	1:48:31.3	3:34.4	2	1:41:35.7	4:04:41.0		
2	20	Khairulamirin Bin Mat Rozi	338	18	2	39:45.1	8:12.5	2	1:57:56.3	5:43.7	1	1:17:28.3	4:09:05.9		

#### Male 25 to 34

Place			Bib No		Age		SWIM		T1	BIKE		T2	RUN		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time		
1	3	Mat Zainizam Bin Mat Zini	318	32	2	15:16.2	5:43.9	4	1:41:29.7		1	45:06.2	2:46:41.6		
2	4	Jar Teng Foo	310	26	4	16:50.6	6:57.0	1	1:16:53.0	2:01.5	2	1:07:23.3	2:50:05.4		
3	5	monang manullang	339	30	3	15:32.4	6:00.2	2	1:17:10.5	0:44.7	3	1:12:28.3	2:51:56.1		
4	7	Matthias M Tourlousse	320	34	1	14:36.1	7:11.9	3	1:25:47.9	1:35.2	4	1:22:43.3	3:11:54.4		

#### Male 35 to 44

Place			Bib No		Age		SWIM		T1	BIKE		T2	RUN		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time		
1	1	Luke Farrar	315	44	1	13:50.4	5:43.5	2	1:12:45.7	1:02.0	2	1:05:30.2	2:38:51.8		
2	2	Thibault Paquin	193	38	2	15:06.6	5:48.5	3	1:17:44.3	0:27.5	1	1:04:27.0	2:43:33.9		
3	6	Matthew Sheldon	319	37	4	15:42.2	8:08.7	5	1:25:43.5	2:27.4	5	1:08:50.5	3:00:52.3		
4	9	Nicholas Andrew Richmond	164	37	5	16:57.2	6:30.0	9	1:45:22.6	2:21.1	4	1:08:47.4	3:19:58.3		
5	11	Steve Miller	328	43	6	17:11.4	11:42.2	4	1:24:42.0		8	1:32:41.1	3:26:16.7		
6	13	Thiam Hock Tan	330	39	10	21:26.7	10:53.4	1	1:10:12.3	4:16.2	13	1:59:26.6	3:46:15.2		
7	15	Kumareson Paranthaman	314	37	13	33:48.9	13:32.0	6	1:31:59.4	4:52.6	6	1:26:01.9	3:50:14.8		
8	17	Ahmad Zaki Nasruddin	305	38	12	24:55.5	10:28.4	7	1:38:29.7	6:07.3	9	1:39:52.4	3:59:53.3		
9	18	Ryota Yamazaki	326	37	3	15:36.9	5:42.5	12	1:53:38.5	3:06.9	10	1:42:39.6	4:00:44.4		

\*Overall place among males only

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# XTERRA MALAYSIA TRIATHLONS

## Age Group Results

### Sprint Triathlon

#### Male 35 to 44

Place				----- SWIM -----		T1		----- BIKE -----		T2		----- RUN -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	
10	21	Ahmad Feisol B. Abu Amin	304	43	14	35:29.1	8:47.5	8	1:41:11.8	1:59.7	11	1:43:26.8	4:10:54.9	
11	22	Gavin O'Luanaigh	309	39	7	17:52.5	10:53.2	13	2:33:02.4	2:33.8	3	1:07:15.1	4:11:37.0	
12	23	Nazri Ahmad Zamani	323	39	8	18:38.2	9:00.4	11	1:51:47.8	2:24.2	12	1:51:55.9	4:13:46.5	
13	24	Pang Beng Keong	324	42	9	19:58.7	9:19.2	10	1:47:59.2	1:59.5	14	1:59:30.3	4:18:46.9	
14	25	Chee Wee Shen	307	35	11	24:09.1	22:53.0	14	3:00:56.8	4:50.6	7	1:31:20.4	5:24:09.9	

#### Male 45 to 54

Place				----- SWIM -----		T1		----- BIKE -----		T2		----- RUN -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	
1	8	Andreas Kogel	337	46	1	15:01.9	7:40.2	1	1:24:50.3	1:58.7	4	1:29:14.7	3:18:45.8	
2	10	William David Gilbert	332	46	4	23:52.7	10:30.9	2	1:27:45.7	2:25.5	1	1:21:40.5	3:26:15.3	
3	12	Jerome Causse	311	52	3	22:57.2	10:53.8	3	1:28:14.6	3:13.8	3	1:27:17.5	3:32:36.9	
4	14	Taha Almutawakel	336	46	5	26:20.2	11:41.3	4	1:41:34.8	3:13.0	2	1:24:00.1	3:46:49.4	
5	16	Mark Stephen	317	50	2	17:36.1	7:59.1	5	1:45:05.6	2:26.1	5	1:37:11.4	3:50:18.3	

\*Overall place among males only